# AGE-FRIENDLY RESOURCES

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AGE-FRIENDLY HYATTSVILLE

The City of Hyattsville is proud to be a member of the AARP Age-Friendly Communities Network.

Hyattsville’s Age-Friendly Action Plan, adopted by the Mayor and Council in 2019, details steps that the city will take to become more age-friendly, working with community members, partners, and other stakeholders. The action plan includes four priority areas:

- Housing (e.g., affordable, and accessible housing)
- Home and Community-Based Services (e.g., in-home personal care services, home and yard maintenance assistance, transportation services)
- Health and Safety (e.g., emergency preparedness, falls prevention, food security)
- Communication and Outreach (e.g., increase awareness about available resources and activities, expand outreach to diverse communities)

Hyattsville’s Age-Friendly Work Group helps guide implementation of the city’s Age-Friendly Action Plan. The work group meets monthly; meetings are open to the public. For more information or to join the work group, please contact the city’s Age-Friendly Program Lead, Marci LeFevre, at mlefevre@hyattsville.org or (301) 985-5012, or visit the City Calendar.

City of Hyattsville Services for Seniors and Persons with Disabilities
Throughout the year, the city offers numerous services, programs and events for seniors and people with disabilities. They include wellness classes and presentations, referrals to resource providers, social outings and more. To learn more about our city’s available programs, please visit the City Calendar, or contact the city’s Senior Services Coordinator, Beryl Johnson, at bjohnson@hyattsville.org or (301) 985-5058 to be added to our mailing list.

City of Hyattsville Call-A-Bus
Curb-to-curb transportation to medical appointments and grocery stores for older adults and residents with disabilities operates Mondays through Fridays from 9 a.m. to 4 p.m. Residents must make a reservation by calling (301) 985-5000 before 2 p.m. at least one business day in advance. Passengers are required to wear a face mask while entering, riding, and exiting the bus.

Hyattsville Aging in Place (HAP)
HAP provides volunteer services to Hyattsville older adults, provides referral services, and offers educational programs. Call (301) 887-3101 for more information. HAP volunteers provide door-to-door transportation to older adults and residents with a disability to medical appointments, the grocery, and other local destinations. For more information, email HAPCares@gmail.com or call (301) 887-3101.

COUNTY, STATE, AND NATIONAL AGE-FRIENDLY PROGRAMS AND RESOURCES

Prince George’s County Aging and Disability Resource Center (ADRC)
Helps older adults, individuals with disabilities, and families with navigating long-term care services and support systems. ADRC also provides information, assistance, referrals, and counseling options. Call (301) 265-8450 (Maryland Relay 711) or visit www.princegeorgescountymd.gov/1718/Information-Assistance.

Maryland Department of Aging
Offers older adults and family members information on programs and services related to caregiving, elder rights, health, housing, long-term care and support services, nutrition and wellness, and transportation. Call (800) 243-3425 or visit www.aging.maryland.gov/Pages/default.aspx.
Maryland Department of Aging Durable Medical Equipment (DME) Re-Use Program
Provides gently used durable medical equipment free of charge to adults and children with any illness, injury, or disability, regardless of age. Community members can donate and/or receive items such as wheelchairs, walkers, crutches, canes, scooters, bathroom aids, hospital beds, pediatric equipment, and more. Persons in need of DME can email DME.MDOA@maryland.gov or call 240-230-8000.

National Resource Center on LGBT Aging
This SAGE program is the country’s first and only technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual, and/or transgender older adults, families, and caregivers. Visit www.lgbtagingcenter.org, email info@lgbtagingcenter.org, or call (212) 741-2247.

CAREGIVER RESOURCES

AARP Family Caregiving
Offers free care guides, legal checklists, information on care options and an online community that supports all types of family caregivers. A caregiver support line offers one-on-one help. For more information, visit www.aarp.org/caregiving, or call (877) 333-5885; (888) 971-2013 for Spanish.

Caregiver Action Network (CAN)
Offers education, peer support, and resources to family caregivers free of charge. Support is also provided to specific caregiver groups (Cancer Caregivers, Rare Disease Caregivers, and Caregiving Employees). For more information, call (202) 454-3970, email info@caregiveraction.org, or visit www.caregiveraction.org.

Prince George’s County Respite Care Program
This service from the Department of Social Services provides respite care (short-term, temporary relief) to persons caring for family members who might otherwise require placement in a facility outside the home. For information and to request an application, call (301) 909-2091, or see the Respite Care Program Application.

Next Step in Care
Provides easy-to-use guides to help family caregivers and health care providers work closely together to plan and implement safe and smooth transitions for chronically or seriously ill family members. www.nextstepincare.org

COVID-19 HEALTH RESOURCES

COVID-19 Testing
Free, non-appointment COVID-19 PCR testing is available for all ages at First United Methodist Church of Hyattsville, 6201 Belcrest Road. Hours of operation are Mondays and Thursdays from 9 a.m. - 3 p.m., and Saturdays from 9 a.m. - 1 p.m. (Except holidays.) For other COVID-19 test sites in Prince George’s County, visit the County’s COVID-19 testing page for a locator map, or call 311 for a list of available sites.

COVID-19 Test Kits
Prince George’s County is distributing COVID-19 rapid test kits at local community centers and libraries on a weekly basis. Visit health.mypgc.us/COVIDTesting to find a location near you. Proof of County residency is required. Four free COVID tests per residential address are available by mail from the Federal Government. Request tests at covidtest.gov (en español covidtest.gov/es), or by phone at (800) 232-0233. Hearing impaired callers can request tests via a text-based line at (888) 720-7489.
COVID-19 Vaccinations
A COVID-vaccine can prevent serious illness by allowing your body to create antibodies that protect you from contracting the COVID-19 virus. Anyone aged 5 or older is eligible for a COVID-19 vaccine, regardless of insurance or immigration status. Fully vaccinated individuals 12 and older are also eligible for a third dose booster vaccine.

The COVID-19 testing site at First United Methodist Church of Hyattsville offers first and second vaccine doses and booster shots on Tuesdays between 11 a.m. - 7 p.m. Both walk-ins and appointments are available. To make an appointment in advance, call (443) 481-6852.

COVID-19 Vaccination Cards
You can request a copy of your vaccination record through the Maryland Health Department at the MyIR mobile site, a free immunization portal for Maryland residents. You can also email mdh.mdimmunet@maryland.gov or call (443) 863-0121, (443) 303-8421 or (410) 935-9295 to request a copy of your vaccination record.

EMERGENCY ASSISTANCE

Community Crisis Services, Inc.: 2-1-1
Community Crisis Services, Inc. (CCSI) provides information and referrals to assist community members in any type of crisis using a database of over 6,000 agencies and programs across the state. Call 211, Text (Zip Code) to 898-211 or TXT-211, or visit https://211md.org for information about:
- Food Pantries and Soup Kitchens
- Housing and Homeless Services; Rental Assistance
- Legal Aid
- Mental Health and Substance Abuse Resources
- Services for Seniors and Persons with Disabilities

Domestic Violence Hotline
A 24-hour crisis intervention hotline staffed by CCSI trained counselors who connect individuals and families in crisis with information, support, and referrals. For assistance call (301) 731-1203.

Mental Health and Suicide Prevention Resources
CCSI trained staff offer 24/7/365 support to individuals in crisis. CCSI also offers suicide awareness and intervention trainings. Call 2-1-1 or visit www.ccsimd.org.
- Prince George’s County Suicide Prevention Lifeline: (301) 864-7130
- National Suicide Prevention Lifeline: (800) 273-8255

Benefits CheckUp
A comprehensive and secure online tool that connects older adults to state and local benefits programs that they may qualify for based on information that they or an advocate provide. Programs cover items such as medications, health care, income assistance, food and nutrition, housing and utilities, tax relief, veterans’ benefits, employment, and transportation. Visit www.BenefitsCheckUp.org.

COVID-19 Funeral Assistance
Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA will provide financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020. Learn more about eligibility and apply on the FEMA website.
Eviction and Foreclosure Assistance
Sowing Empowerment & Economic Development, Inc. (SEED) provides eviction and foreclosure prevention assistance. A HUD-approved housing counseling and financial education agency, SEED also operates an emergency food distribution center and clothes closet; serves as an enrollment site for residents seeking health options through the Maryland Health Exchange; provides nutrition and health awareness classes; distributes free diapers; and provides after-school and summer enrichment. For information, call (301) 458-9808 or visit www.seedinc.org. For rental assistance, contact Tamara Nunes Tnunes@seedinc.org.

Homeowners facing foreclosure or at risk of defaulting on their mortgage should contact the company where they send their monthly payments to request assistance. Homeowners can also call the Maryland HOPE hotline at (877) 462-7555 for a referral to a nonprofit housing advocate.

Tenants facing eviction can learn about tenant rights and steps that can be taken to prevent or postpone eviction at the Maryland Attorney General’s website at https://www.marylandattorneygeneral.gov/Pages/evictions.aspx.

Homeless Hotline
Call (888) 731-0999, the first point of contact for shelter placement in Prince George’s County. Trained staff connect individuals and families to resources to stabilize difficult housing situations.

Mobile Shower and Outreach Services
The Neighborhood Well (TNW) provides essential provisions (mobile showers, food, toiletries) to unhoused community members, working in partnership with the Community Crisis Services, Inc., and the Prince George’s County Public Library System. The mobile shower trailer and TNW staff and volunteers are on site at First United Methodist Church of Hyattsville on the second and fourth Saturday of the month from 8:00 a.m. to 11:00 a.m. More information is available at www.theneighborhoodwell.org.

EMPLOYMENT RESOURCES

Prince George’s County Memorial Library System
The Hyattsville Branch Library offers job search skills and computer technology training classes for older adults. Call (301) 808-2061 for information about upcoming classes or visit www.pgcmls.info. The Hyattsville Branch is located at 6530 Adelphi Road, Hyattsville.

Senior Community Service Employment Program (SCSEP)
SCSEP provides part-time work-based training opportunities at local community service agencies for older Prince Georgians. SCSEP assists individuals in finding employment through supportive services such as personal and job-related counseling, job training, and job referral. For information, call the Prince George’s County Department of Family Services at (301) 265-8450, or visit www.princegeorgescountymd.gov/1728/Senior-Employment.

FOOD SECURITY

Meals on Wheels
Seniors or individuals with a disability who cannot prepare food on their own can reach out to Meals on Wheels of College Park (which also serves Hyattsville). For $5 per day and up to 5 times per week, Meals on Wheels can deliver a hot lunch, dinner, and breakfast for the next morning.

Hyattsville residents that meet income requirements may also qualify for free meals. To sign up or for more information, call Meals on Wheels at (301) 474-1002 or the City of Hyattsville’s Senior Coordinator, Beryl Johnson, at (301) 985-5058.
HEALTH AND MENTAL HEALTH RESOURCES

Dementia Friendly Prince George’s
Supports persons with dementia, their caregivers and family members through educational webinars, presentations, and community events. For more information, call (301) 265-8450.

Dental Services
Dental health providers offering reduced or sliding scale services in the region are listed under Dental Services for Senior on the website for the Prince George’s County Aging and Disability Resource Center (ADRC) at www.princegeorgescountymd.gov/1718/Information-Assistance.

Maryland Medicare Open Enrollment
You can change your Medicare coverage once a year during Open Enrollment (typically mid-October through early December). Review your plan and compare it to others, and receive free, unbiased information and support from State Health Insurance Program counselors. For more information, visit www.aging.maryland.gov/Pages/MedicareOpenEnrollment.aspx.

Prince George’s County Health Connect
Helps residents between the ages of 18 – 64 learn about, apply for, and enroll in health insurance through Maryland Health Connection, the state’s official health insurance marketplace. For more information, visit www.pgchealthconnect.org. Eligible residents may opt-in to Medicaid or private health coverage plans through the Maryland Health Connection. For more information, call (855) 642-8572.

State Health Insurance Program (SHIP)
SHIP offers insurance counseling on Medicare, Medicare Supplemental Plans, Medicare Advantage Plans, pharmacy assistance benefits, and more to residents and caregivers at no cost. Trained staff and volunteer counselors in all 23 counties and Baltimore City provide in-person and telephone assistance. Call the Prince George’s County SHIP counseling center at (301) 265-8471 for more information.

Substance Abuse and Mental Health Services Administration (SAMHSA)
SAMHSA’s National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Call (800) 662-HELP (4357), text: 435748 (HELP4U), or TTY: 1-800-487-4889.

Mental Health Association of Maryland (MHAMD)
Provides community outreach and education to Marylanders of all ages with information to improve their understanding of behavioral health, increase knowledge of effective interventions, reduce stigma, and strengthen pathways to care. MHAMD offers several fact sheets, guides, and programs to support older adults. For more information, see www.mhamd.org/what-we-do/outreach-and-education/vibrant-minds.

Mental Health and Suicide Prevention Resources
Community Crisis Services, Inc.’s trained staff offer 24/7/365 support to individuals in crisis. CCSI also offers suicide awareness and intervention trainings. Call 2-1-1 or visit www.csimd.org.
• Prince George’s County Suicide Prevention Lifeline: (301) 864-7130
• National Suicide Prevention Lifeline: (800) 273-8255

National Alliance on Mental Illness
Grassroots alliance of local organizations offering information, resource referrals and peer-to-peer support for people living with mental illness, their family members, and caregivers. For more information, call (800) 950-6264 or visit www.nami.org.

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HOUSING AND HOME MODIFICATIONS

Habitat for Humanity Metro Maryland (HFHMM)

Home Modifications
HFHMM’s RAMP program helps individuals having difficulty with one or more Activities of Daily Living (ADLs) identify and address critical health, safety, and accessibility related needs using the expertise of an Occupational Therapist (OT), and optional consultation with a Registered Nurse (RN).

Home Repair
HFHMM’s Repair service helps homeowners upkeep their home through funds that cover roof, heater, water, porch and drywall repairs or replacement, plumbing and minor electrical repairs, accessible bathrooms, and more. Applicants are required to pay a small portion of the project cost. HFHMM provides payment plans up to 6 months.

Weatherization
HFHMM’s Weatherization service is free to eligible homeowners and designed to improve the energy efficiency, overall indoor air quality, and comfort of one’s home. Funds cover air sealing, insulation, duct sealing, appliance replacement with Energy Star certified appliances, and HVAC system repairs and/or upgrades in eligible homes upon professional evaluation.

Prince George’s County Homeownership Preservation Program (PG HOPP)
PG HOPP identifies and addresses critical health, safety, and accessibility related needs of homes of income-qualifying homeowners in eligible areas of Prince George’s County. This program is sponsored by the Prince George’s County Department of Housing and Community Development and is funded by American Rescue Plan Act (ARPA) funds.

HFHMM Repair and Weatherization and PG HOPP are not emergency or crisis-based programs. To submit an inquiry for any of the programs, click here, or contact Repair and Weatherization Program Repair Client Coordinator, Habitat for Humanity Metro Maryland, Repair@HabitatMM.org, (301) 990-0014 x 19.

Maryland Department of Housing Accessible Homes for Seniors
Offers loans and grants to eligible older adults to improve the accessibility of their homes. Improvements may include installation of grab bars and railings, widening of doorways, and installation of ramps. Submit an application to the Maryland Department of Housing and Community Development. For questions or concerns, please contact the Special Loan Programs at (301) 429-7409 or DHCD.SpecialLoans@maryland.gov.

Maryland WholeHome
Offers low-interest loans that can be used to upgrade to energy efficient appliances, repair or replace heating and cooling systems, replace insulation, add accessibility features, remove lead paint, upgrade plumbing, and address structural and maintenance issues. For more information, visit https://dhcd.maryland.gov/residents/pages/wholehome.aspx.

Maryland Energy Assistance Program (MEAP)
Offers financial assistance to older adults for repairing furnaces. Can also assist with applying for additional state and federal resources such as the Low-Income Home Energy Assistance Program (LIHEAP). For more information about MEAP, visit https://www.princegeorgescountymd.gov/1677/Energy-Assistance.
Prince George’s County Senior Housing Resource Guide
The 2022 Prince George’s Senior Resource Guide includes a Senior Housing Resource Guide that highlights area housing options for individuals with low incomes. Call (301) 883-5501 for information or an application; options include Subsidized Government Housing, Low Income Subsidy Housing, and Privately Managed Housing.

Weatherization Assistance Program (WAP)
Helps individuals and families experiencing financial hardship reduce their energy bills by making their homes more energy efficient. Assistance is available regardless of whether a person owns or rents, lives in a single-family home, multi-family housing complex, or a mobile home. For information, call the Maryland Department of Housing and Community Development at (855) 583-8976.

LEGAL AND TAX PREPARATION AID

AARP Tax Aid
The AARP Foundation provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. For more information, email: taxaide@aarp.org or call (888) OUR-AARP (888-687-2277); TTY: (877) 434-7598.

Pro Bono Resource Center of Maryland (PBRC)
PBRC is Maryland’s hub for pro bono (free) civil legal assistance provided by lawyers who offer free legal services involving basic human needs to disadvantaged individuals, families, and communities. For information, visit https://probonomd.org/.

Maryland Legal Aid Bureau (MLA) Sixty Plus Legal Program
MLA provides free legal services to low-income individuals. The Sixty Plus Legal Program provides individuals 60 and older with low-cost legal services that include help with wills, power of attorney, advance healthcare directives, and living wills. Call (410) 951-7760 for more information, visit www.mdlab.org, or call (866) 635-2948.

SOCIAL ISOLATION PREVENTION RESOURCES

Commit to Connect
Coordinated by the AARP Foundation and Administration for Community Living, provides resources and tools that help older adults and people with disabilities connect with services and supports that foster social inclusion and combat social isolation. https://connect2affect.org

Friendship Line
The Institute on Aging’s 24-hour toll-free Friendship Line is the only accredited crisis line in the country that serves as both a crisis intervention hotline and a warmline for non-emergency emotional support calls for adults 60 and older, and adults living with disabilities. Information about well-being checks, grief support, elder abuse reporting, and active suicide intervention is available by calling (800) 971-0016.

SAGE LGBT Hotline
LGBT older adults and caregivers can call (877) 360-LGBT (5428) to connect to a certified LGBT responder who is friendly and ready to listen and offer support. The hotline is free and available 24/7 in English and Spanish, with translation in 180 languages.

SAMHSA Disaster Distress Helpline
Provides 24/7, 365-day-a-year crisis counseling and support to anyone experiencing distress or other behavioral health concerns related to natural or human-caused disaster, including public health emergencies such as COVID-19. Call (800) 985-5990 or text TalkWithUs to 66746.
City of Hyattsville Call-A-Bus
Curb-to-curb transportation to medical appointments and grocery stores for older adults and residents with disabilities operates Mondays through Fridays from 9 a.m. to 4 p.m. Residents must make a reservation by calling (301) 985-5000 before 2 p.m. at least one business day in advance. Passengers are required to wear a face mask while entering, riding, and exiting the bus.

Senior Transportation Service (STS) Medical Program
Provides free rides for income eligible older adults and persons with disabilities to nutrition and medical sites, including dialysis treatment. Paperwork must be completed and approved before being eligible for service. Call (301) 499-8603 or (301) 265-8450 to apply or reserve a trip. 
https://www.princegeorgescountymd.gov/1100/Senior-Transportation-Services

Non-Emergency Medical Assistance Transportation (NEMT) Program
Provides non-emergency transportation to Medicaid covered medical services for eligible medical assistance for residents having no other means of transportation, weekdays from 8:30 a.m. to 4:00 p.m. Services are provided through a screening process. Transportation must be scheduled 24 hours in advance. Call (301) 856-9555 for more information.

MetroAccess
Provides door-to-door public (shared-ride) transportation for older adults and individuals with disabilities not able to use bus or rail services. For more information, call (301) 562-5360; 301-588-7535 TTY. For assistance with enrollment, call (202) 962-2700 or email eligibility@wmata.com. 
https://www.wmata.com/service/accessibility/metro-access/

Prince George’s County Call-A-Bus
Offers curb-to-curb transportation to older adults and persons with disabilities Monday – Friday, 8:30 a.m. to 3:30 p.m. Reservations can be made up to 7 days in advance. Call (301) 499-8603 or (800) 735-2258 TTY. 
https://www.princegeorgescountymd.gov/1138/Call-a-Bus

“The Bus” — Prince George’s County
Provides local, fixed-route, accessible transportation service Monday – Friday from 5:30 a.m. to 8:00 p.m. along 28 routes covering over 10,000 miles. Older adults and individuals with disabilities ride free of charge. For more information, call (301) 324-2877. https://www.princegeorgescountymd.gov/1120/Countys-TheBus

Prince George’s County Call-A-Cab
Provides transportation at a reduced cost for older adults and individuals with disabilities. Purchase a $20 coupon book for $10 and use the coupons to pay for your fare. An application must be completed to receive the coupon booklet. For more information, call (301) 883-5656; (800) 735-2258 TTY.

Wheelchair Accessible Taxis
Provides transportation that complies with the Americans with Disabilities Act (ADA). Wheelchair accessible taxis must be reserved 24 hours in advance. Call (301) 277-6000 for additional information.
Ride Hailing Services
Provides door-to-door, on-demand transportation service. A smartphone is typically required to request a ride. To request a ride, download the Lyft or Uber app on your smartphone. Verify the license plate and name of the driver before entering the car.

Lyft: [www.lyft.com/river](http://www.lyft.com/river)
Download and open app on your smartphone.
Get a ride estimate.
Request a ride.
Lyft works with GreatCall, a Jitterbug medical alert and phone company, to offer rideshare services to older adults without the use of a Lyft app.

Uber: [www.uber.com](http://www.uber.com)
Download and open app on your smartphone.
Request a ride: enter your destination and choose a ride option.
Ride: You’ll see your driver’s picture and vehicle details.

UTILITY, TELEPHONE, INTERNET, AND BROADBAND ASSISTANCE

Low Income Energy Assistance Program (LIHEAP)
[LIHEAP](https://www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap) is a federally funded program that assists qualified individuals with their home heating and cooling costs. In addition to assistance with energy bills, some funds are available to make improvements to homes and apartments to make them more energy efficient and reduce heating bills. [www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap](http://www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap)

Lifeline is a federal program that makes communication services more affordable for low-income consumers. The program provides subscribers a discount on monthly telephone service, broadband Internet service, and bundled voice broadband packages. For more information and to apply, call the Lifeline Support Center at (800) 234-9473, or email LifelineSupport@usac.org.

Affordable Connectivity Program helps households afford the broadband they need for work, school, healthcare and more. It replaces the former Emergency Broadband Benefit. The benefit provides a discount of up to $30 per month toward internet service for eligible households. Consumers can check with the internet service providers in their area to learn about the provider’s plans for program participation. To determine your eligibility or application status, call the ACP Support Center at (877) 384-2575.

Utility Assistance
Call 211 for information about financial assistance resources in our region. WSSC is offering financial assistance to customers facing water shutoffs. Call WSSC’s Customer Service Advisors at (301) 206-4001 or visit WSSC’s web site.

Water Bill Assistance
The Low-Income Household Water Assistance Program (LIHWAP) is available statewide and provides Maryland households with financial relief toward water and/or wastewater bills. Eligible households may receive up to $2,000. Funding is limited and applications will be accepted on a first come, first served basis. Apply online for assistance safely and conveniently using [www.mymdthink.maryland.gov](http://www.mymdthink.maryland.gov), or request an application be mailed to you by calling (800) 332-6347, or by calling your local Department of Social Services Office. For more information, call the customer service hotline Monday through Friday, 8:30 am to 5:00 pm at 1-800-332-6347.
VETERAN’S RESOURCES AND SUPPORT

Blinded Veterans Association provides counseling, employment, advocacy, and support services to veterans who are blind; 202-371-8880, www.bva.org.

Maryland State Office of Veterans Affairs: (410) 260-3838

Paralyzed Veterans of America aids paralyzed veterans in the areas of home accessibility, hospital liaison support, and education; 1-800-424-8200, www.pva.org.

U.S. Department of Veterans Affairs provides comprehensive services resource for veterans; 1-800-827-1000, www.va.gov.

Veteran Crisis Line, U.S. Department of Veterans Affairs, provides crisis support for veterans and concerned family members; (800) 273-TALK (8255).

Veterans Support Foundation is a comprehensive services and advocacy resource for veterans and their families; 1-800-882-1316 ext. 126, www.vsf-usa.org

Washington DC Veterans Affairs Medical Center provides medical, surgical, rehabilitative, neurological, and psychiatric care; (202) 745-8000, www.washingtondc.va.gov.

VOLUNTEER OPPORTUNITIES

City of Hyattsville: email caistis@hyattsville.org (Volunteer Services Manager) or call (301) 985-5057.
Hyattsville Aging in Place: email HAPCares@gmail.com or call (301) 887-3101.
Meals on Wheels College Park; Hyattsville meal delivery routes can be requested: (301) 927-2700
Prince George’s County Memorial Library Volunteer Program: (301) 699-3500; TTY (301) 808-2061
Prince George’s County Board of Elections (Voter Registration): 301-430-8020