

FUN WALKING CHALLENGES

CREATIVE
MINDS
AT HOME



Materials:

- none, you only need a beautiful day to walk outside :)







Challenges:

1. **Walk and look:** Walking is healthy, and to make it fun we invite you to find the following elements.

- Five trees 
- Four leaves 
- Three flowers 
- Two birds 
- One cloud 

2. **Move:** Invite you kid to walk incorporating the following movements. If they are young, show them the movement the first time.

- Walk like a monkey 
- Roar like a tiger 
- Swim like a fish 
- Fly like a bird 
- Jump like a rabbit 